



CORONAVIRUS **COVID-19**

YOU CAN HELP TO PREVENT THE SPREAD



HEALTH

If you have symptoms of a cold or flu you should stay at home regardless of your travel or contact history.



SYMPTOMS

If you have symptoms please visit:
healthywa.wa.gov.au
for testing locations nearest to you.
OR phone the HSE on
1300 SAFETY



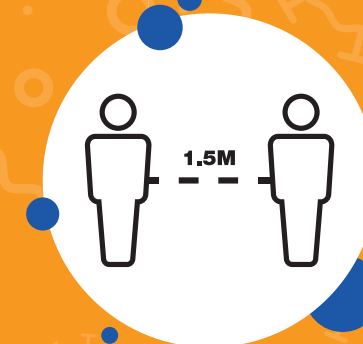
TRAVEL

If you have returned from an area that is subject to travel restrictions due to COVID-19 you should restrict your movement for 14 days.



STOP

shaking hands or hugging when saying hello or greeting other people



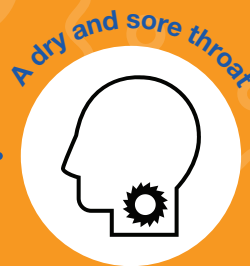
DISTANCE

yourself at least 1.5 meters away from other people, especially those who might be unwell



WASH

your hands well and often to avoid contamination



ALL PEOPLE ARE ADVISED TO

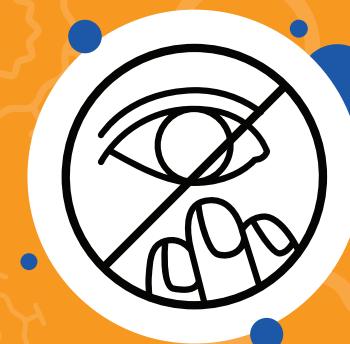
- ⚠ Reduce social interactions and avoid shaking hands or making close contact where possible.
- ⚠ Keep a distance of 1.5m between you and other people when working, eating or in hoists or lifts.
- ⚠ Do not directly drink from fountains, use disposable cups.

- ⚠ Do wash your hands regularly and maintain good hygiene practices.
- ⚠ Avoid common use pens when signing onto inductions or logs.
- ⚠ Consider staggering lunch breaks.
- ⚠ Have toolbox talks and meeting outside.



COVER

your mouth and nose with a tissue or sleeve when coughing or sneezing and discard used tissue



AVOID

touching eyes, nose, or mouth with unwashed hands



CLEAN

and disinfect frequently touched objects and surfaces



For more information visit **health.gov.au**