



Wednesday 11 April 2018

Time Management

We have email, instant messaging, social media, video conferencing and the smart-phone. But the price of that connectedness can be overwhelming!

Instead of formulating a plan at the start of the week, or the start of the day, most people simply turn on their email and start working their way through the new messages. Control over the day, and what needs to be done during it, is handed over to the inbox. Important tasks get interrupted and delayed because people are not managing their activity or their projects effectively.

In this 4-hour course, the focus is on goal setting, prioritising and planning. We cannot manage time – the fact is we all get allocated the same number of hours every day – what we can manage however, is the activity we choose to fill our time with. And this is the secret to high personal productivity.



We all have the same amount of time available to us each day, but some people seem to get a lot more done than others. It's what we do with time that matters.

DATE: Wednesday 11 April 2018

TIME: 8.30am to 12.30pm

TRAINER: Dawn Russell – Director, the heartware® group **VENUE:** Master Builders Association, TBA Port Hedland

COST:

 MBA Member eligible for CTF subsidy
 Course Fee \$602.00 - \$136.00^
 Total \$466.00*

 Non-member eligible for CTF subsidy
 \$650.00 - \$136.00^
 \$514.00*

 MBA Member
 \$602.00 \$602.00
 \$602.00*

 Non-member
 \$650.00 \$650.00*
 \$650.00*

If you require further assistance, please contact us on **08 9921 5061** or email **geraldton@mbawa.com**



The Construction Training Fund provides funding support for training of eligible workers in the construction industry.

We acknowledge the support of the Construction Training Fund in reducing costs of training for eligible workers.







TIME MANAGEMENTWednesday 11 April | 8.30am to 12.30pm

<u>Please Note</u>: This course is subsidised by the Construction Training Fund (CTF) for eligible participants. Master Builders requires participants details be provided as indicated below, otherwise the full fee may apply.

PARTICIPANT DET	TAILS:					
Surname:			First name:			
Date of birth:						
Mobile:			Email:			
Home address:						
Suburb:				Postcode:		
Job/Trade title:						
Job description (br	rief detail):					
EMPLOYER/COMPANY DETAILS:						
Master Builders member name:						
Employer/company name:						
Address:						
Suburb:				Postcode:		
Contact name:			Email:			
Phone:		Fax:		Mobile:		
Please tick the industry sector in which you work						
Please <u>tick</u> the ind	ustry sector in	which you work	Comn	⊔ nercial □	Housing □	Engineering
		PAYMENT	DETAILS	S		
		PAYMENT prior to the course date	DETAILS to secure y	S our place &		
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