



Wednesday 20 April, 2016

Time Management

We have email, instant messaging, social media, video conferencing and the smart-phone. But the price of that connectedness can be overwhelming!

Instead of formulating a plan at the start of the week, or the start of the day, most people simply turn on their email and start working their way through the new messages. Control over the day, and what needs to be done during it, is handed over to the inbox. Important tasks get interrupted and delayed because people are not managing their activity or their projects effectively.

In this 4 hour course, the focus is on goal setting, prioritising and planning. We cannot manage time – the fact is we all get allocated the same number of hours every day – what we can manage however, is the activity we choose to fill our time with. And this is the secret to high personal productivity.



We all have the same amount of time available to us each day, but some people seem to get a lot more done than others. It's what we do with time that matters.

DATE: Wednesday 20 April, 2016

TIME: 12.00pm - 4.00pm

TRAINER: Dawn Russell – Director, the heartware® group

VENUE: Master Builders, Level 3, 35-37 Havelock Street, West Perth

COST:

 MBA Member eligible for CTF subsidy
 Course Fee \$440.00 - \$120.00^
 Total \$320.00*

 Non-member eligible for CTF subsidy
 \$490.00 - \$120.00^
 \$370.00*

 MBA Member Non-member
 \$440.00 \$440.00
 \$490.00

If you require further assistance, please contact us on 9441 8000 or email training@mbawa.com



The Construction Training Fund provides funding support for training of eligible workers in the construction industry.

We acknowledge the support of the Construction Training Fund in reducing costs of training for eligible workers.







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<u>Please Note</u>: This course is subsidised by the Construction Training Fund (CTF) for eligible participants. Master Builders requires participants details be provided as indicated below, otherwise the full fee will apply.

PARTICIPANT DETAILS:				
Surname:		First name:		
Date of birth:				
Mobile:		Email:		
Home address:				
Suburb:			Postcode:	
Job/Trade title:				
Job description (brief detail):				
EMPLOYER/COMPANY DETAILS	:			
Master Builders member name:				
Employer/company name:				
Address:				
Suburb:			Postcode:	
Contact name:		Email:		
Phone:	Fax:	Mol	ile:	
Please tick the industry sector in which you work		Commercia	□ Housing □ Engineerin	j 🗆
PAYMENT & REGISTRATIONS DETAILS				
Payment must be received prior to the course date to secure your place & receive your confirmation.				
EMAIL: training@mbawa.com FAX: 9476 9881 POST: Master Builders Training Department, P.O. Box 167, West Perth WA 6872				
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Course Costs Eligible for CTF subsidy		r Builder memb		
Not eligible for CTF subsidy		0.00 per person 0.00 per person	\$370.00 per person \$490.00 per person	
Please note that course costs subject to change. This course is GST free.				
Method of Payment Cash □	Cheque ☐ Credit Card	☐ Money Order	☐ Amount: \$	
Credit Card Details (please tick):	Bankcard □ Ma	asterCard □	Visa □	
Card number: / / /		/	Expiry date: /	
Cardholders name: Signature:				
You must quote your INVOICE NUMBER as the reference when paying by Direct Deposit.				
Cancellation Notice A refund will not be provided for no shows on the day of the course, or cancellations less than 5 working days				

If you require further assistance, please contact Master Builders, Training Department on **9441 8000** or email **training@mbawa.com**

prior to the course date. You may, however, substitute another person up to 24 hours prior to the course.